

PAIN MEDICINES



- Be safe with medicines.
- Read and follow all instructions on the label.
- If the doctor gave you a prescription for medicine for pain, take it as prescribed.
- If you are not taking a prescription pain medication, ask your doctor if you can take an over-the-counter medicine.
- If you have increased pain, please do not increase your prescribed pain medication without consultation of your provider. It is not guaranteed that your provider will okay an early refill of your medication, nor that the pharmacy will fill the prescription.

SEDATION



- If you were prescribed oral or conscious sedation, you are required to have a driver in order to leave our facility.
- Depending on how you are affected by the sedation, we recommend not doing anything where you need to be mentally alert for 24 hours. This includes making important decisions, operating machinery, signing important documents, etc.

BLOOD THINNERS



- You may have been asked to stop taking your blood thinners, you may start taking the medication again after your procedure.
- Please be mindful if you have more procedures coming up that require you to be off of your blood thinner medications. Follow the instructions provided to you by your prescriber and our procedure scheduler.
- If you underwent a Spinal Cord Stimulator Trial:
 - You will need to be off of your blood thinners for the post op lead pull.
 - You will need to be off of your blood thinners for this appointment the same amount of days as you were for your procedure.

FOLLOW-UP CARE IS A KEY PART OF YOUR TREATMENT AND SAFETY.

Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.